

## ATHLETIC CLUB 25-yard Pool Schedule - Spring / Summer 2025

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
5:00 AM									
6:00 AM									
7:00 AM						SWIM LESSONS			
8:00 AM								SWIM LESSONS	
9:00 AM	AQUAFIT								
10:00 AM						SWIM LESSONS			
11:00 AM									
12:00 PM									
1:00 PM									
2:00 PM									
3:00 PM									
4:00 PM	SWIM TEAM + SWIM LESSONS		SWIM TEAM + SWIM LESSONS		SWIM LESSONS				
5:00 PM		SWIM TEAM + SWIM LESSONS				SWIM TEAM + SWIM LESSONS			
6:00 PM									
7:00 PM									
8:00 PM									
Lanes Open	No Programming	At least 3	1	None					